

South Central Winter 2013 Newsletter



Happy Holidays from South Central!

We greatly appreciate our resource parents for all that they do to help the children and wish everyone a very happy holiday season. Our program is pleased to announce that we have added new homes since our last newsletter and we have more on their way very soon! As always, we strive to continue with our growth and our best recruitment effort has always been referrals from our current resource parents. If you know of any families that have questions or an interest in our program, please feel free to pass along our contact information. We are always excited to work with families by preparing them to help children in need of good, healthy home environments.

5 Ways to Support Foster Families and Kids During the Holidays

From: <http://www.buckner.org/5-ways-to-support-foster-families-and-kids-during-the-holidays/>

Holidays can be both a wonderful and challenging time for foster and adoptive families. Between parties, events, family visits and activities, kids in foster care can easily become overwhelmed. Adding another event to their already-packed schedule can make the holiday season more difficult. In an effort to help these children and families relax and enjoy their time together, here are five easy ways to lend a hand.



Drive – In addition to transporting to medical, dental, therapy and other appointments, foster parents transport children to family visitation. Offering to help with these trips can accommodate longer visits with biological parents and siblings. This may also allow the opportunity to see other relatives.

Upcoming Trainings

Parenting the Youthful Offender
Monday, December 30th 5:00 pm
Monday, January 6th at 5:00 pm

CPR/ First Aid
Friday, January 10th 1-5 pm ,

Medication Administration
Friday, January 10th 6:00 pm

To register, please contact:

Clark Simmons
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*"Love grows by giving.
The love we give away
is the only love we
keep. The only way to
retain love is to give it
away."*

~ Elbert Hubbard

LOVE ENOUGH TO SHARE
HELP A FOSTER CHILD
HAVE A MERRY CHRISTMAS
DONATE NOW.



South Central

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Babysit – Give the foster parents a chance to go shopping without the kids! Shopping for gifts, even shopping for groceries is hard enough, now add three children under the age of six and a teenager. Enough said.

Cook – Get a couple of friends together and prepare a meal for the family. After a busy day, Mom will appreciate spending time relaxing with the family instead of cooking for five! If you don't have time to cook, grab some extra fruit and snacks to drop off on your next trip to the store. Kids are out of school and searching the cabinets for food to nibble on!

Create – Life books are a great tool for foster and adoptive children and their families. They give kids the opportunity to share about their family and customs with their foster or adoptive family. Life books are also a wonderful way for a reunified family to heal. They help children heal by remembering loved ones that they may no longer be a part of their everyday lives.



Give kids disposable cameras to take pictures at family visits other special occasions. Help them create or add pages to their life books or, for those of us that aren't so creative, buy scrapbook supplies.

Help – Be a wrapping assistant or help assemble that toy that came in one hundred pieces. A brave soul to climb in the attic to get decorations can be appreciated; I prefer to hold the flashlight. Ask what you can do to help.



"We make a living by what we get, but we make a life by what we give."

~ Winston Churchill

